

QUARTERLY NEWSLETTER

CliniShift[®]
Workforce Solutions

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Top News

Becker's Healthcare: Nearly Half of Physicians Work With Understaffed Teams

Becker's Healthcare: Hospitals with adequate nurse staffing see fewer C-sections

Chief Healthcare Executive: Nurses aren't seeing progress in the workplace

Smarter Staffing Starts Here

As healthcare teams worldwide face growing pressure from staff shortages, burnout, and fluctuating patient demand, flexible workforce management has never been more essential. CliniShift's intelligent scheduling platform empowers healthcare managers to optimise shift planning, reduce reliance on last-minute agency staff, and give staff more control over their working patterns. In this edition, we explore the industry's biggest workforce challenges, and how strategic scheduling can play a central role in overcoming them.



01/02

The CliniShift Manager Portal



Better Nurse Staffing Cuts C-Section Rates by 11 %

Research shows hospitals that maintain labour-and-delivery nurse ratios in line with national guidelines see an 11% drop in Caesarean deliveries. Aligned nurse-to-patient ratios mean more attentive, personalized care, directly improving outcomes for mothers and infants. CliniShift supports these compliance-driven staffing benchmarks by automating shift allocation and alerting managers when ratios drift below target, helping maternity units stay well-staffed, deliver better outcomes, and adhere to best-practice standards.

Becker's Healthcare: Hospitals with adequate nurse staffing see fewer C-sections

Nurses Under Siege: Stress, Staffing & Violence Persist

A Chief Healthcare Executive report highlights ongoing issues: nurses remain burdened by short staffing, excessive documentation, and rising workplace violence, emergency departments are particularly affected, with over 50 % of ER nurses facing physical or verbal assault. These compounded pressures diminish retention and morale, undoing progress in care quality. CliniShift tackles this head-on by enabling flexible rotas and efficient shift uptake, guaranteeing nurse workloads are balanced and risk of burnout is minimized, freeing up space for meaningful patient care and reducing exposure to conflict and stress.

Chief Healthcare Executive: Nurses aren't seeing progress in the workplace

Half of Physicians Practise with Short-Staffed Teams



Nearly 48% of U.S. physicians work with incomplete clinical teams more than a quarter of the time. This chronic understaffing correlates with dramatically higher burnout (61% vs 36%), and a heightened intention to reduce hours or quit entirely—31% plan to cut back in the next year, and 18% intend to leave within two years. These figures underline a pressing need for smarter scheduling and workload balancing.

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02/02